

The Earth Dinner™



a new TRADITION

What do Thanksgiving, Christmas, and other national holidays have in common that Earth Day is missing? They all have traditions involving family and friends gathering for a meal. That's why we created the Earth Dinner—to give Earth Day its own special tradition. And, the best thing about Earth Dinner is that you can celebrate it on Earth Day or any day of the year!

Earth Dinner is a new way for family and friends to come together to appreciate the remarkable role food plays in our lives, in our family histories, and on our planet. The Earth Dinner is meant to recognize that the farmer is the real champion behind the food we eat, and the more we can support local farmers the healthier and more nutritious every meal will be.

be food AWARE

As much as possible, find local, sustainable, and organic foods for your Earth Dinner. Choosing foods grown locally using sustainable and organic agricultural practices allows family farmers to stay in business as well as to protect the environment for generations to come.

additional RESOURCES

- Visit www.earthdinner.org to
- Learn more about Earth Dinner and get tips for planning your own
 - Download helpful resources for events big and small, for adults as well as kids!
 - Submit a request for support for your Earth Dinner
 - Download sample Earth Dinner Creativity Cards by Douglas Love, or order the full deck to inspire fun-filled conversation at your dinner
 - Get delicious organic recipes

your earth dinner PLAN

The Earth Dinner is a joyful, animated, and inspiring theme dinner party for people of all ages, enlivening any event or occasion, connecting people to the earth, their food, and each other.

know the *STORY* behind the food on your table.

- *Who grew the food?*
- *How was it produced?*
- *What is its geographic origin?*

Engage in meaningful discussion with your dinner partners about where your food comes from and why it matters.

Your Earth Dinner can be as planned or spontaneous as you like.

- Plan a fundraiser for your favorite local organization
- Organize an Earth Dinner on campus
- Host an Earth Dinner in your home with family and friends
- Throw your kids and their friends an Earth Dinner party!

taking ROOT

Earth Day, traditionally celebrated by the United Nations on the vernal equinox, became a US national holiday proclaimed by Senator Gaylord Nelson and Senator John McConnell on April 22, 1970. It is a time to celebrate our planet, and all the life-giving natural resources and beauty that the earth provides and which we too often take for granted.

That first Earth Day saw Republicans and Democrats, rich and poor, urbanites and farmers unite under a common banner, and this is where the Earth Dinner found its roots – in the desire for a healthy, sustainable environment.

“Earth Day worked because of the spontaneous response at the grassroots level. We had neither the time nor resources to organize 20 million demonstrators and the thousands of schools and local communities that participated. That was the remarkable thing about Earth Day. It organized itself. It was a gamble, but it worked.”

—Senator Gaylord Nelson,
Founder of Earth Day

